

# CO TASTE OF GOA



## STARTERS

Onion Palak Bhajia v/vg/gf 4.35

Chopped onion and spinach in light batter and spices and deep-fried

Batata Wada v/vg/gf 4.35

Mashed potato patty coated in chickpea flour and deep-fried, often served hot with chutney

Lamb Samosa 4.35

Deep fried pastry filled with mince lamb and green peas

Paneer Pakora <sup>v/ gf</sup> 4.45

Homemade cottage cheese coated with light batter and deep fried

Paneer Tikka <sup>v/gf</sup> 4.45

Paneer pieces barbecued in clay oven

Chicken Chaat <sup>gf</sup>/ 5.45

Cooked chicken pieces with fresh tomatoes and coriander in a hot and sour sauce

Prawn Butterfly 6.45

Prawns marinated in spices and served with green sauce

Tandoori Chicken Wings <sup>gf</sup> 5.95

Chicken wings barbecued in a charcoal clay oven

Lamb Tikka gf 5.95

Pieces of lamb barbecued in a charcoal clay oven

Sheek Kebab gf/ 5.95

Minced lamb kebab

Chicken Tikka <sup>gf</sup> 5.65

Tender boneless juicy chicken pieces barbecued in a charcoal clay oven

Peri Peri Fish gf/ 7.45

Pieces of fish barbecued in special peri peri spices

Prawns Balchao Roll 7.95

Prawns cooked with medium hot goan balchao spices and rolled in chapatti

Mixed Grill Kebab (3 People) <sup>9f</sup> 15.95

Sizzling chicken tikka tandoori chicken lamb tikka sheek kebab prawn green peppers and onions

v - Vegetarian vg - Vegan **gf** - Glutan free

ve - Vegetarian but contains eggs

Spice Level: J Mild to medium, J J Medium to hot, J J J Hot, J J J Very Hot!







## Vegetarian Thali v/vg/gf

15.95

Traditional Indian set meal with batata wada mixed vegetables chana masala saag dal pilau rice raita and roti.

## Non Vegetarian Thali <sup>gf</sup>

16.95

Traditional Indian meat set meal with tandoori chicken sheek kebab keema masala chicken korma chicken curry salad dal pilau rice and naan.

Fish Thali <sup>gf</sup> 18.95

Traditional Indian set meal with fish tikka prawn tikka Goan fish curry prawn curry mashli ghashi dal pilau rice and naan.



### Chicken Tikka Masala <sup>gf</sup> 9.95

Chicken Saag <sup>gf</sup>

10.25

Tender pieces of barbecued chicken cooked in a special mild sauce with cream and almond powder

Pieces of tender chicken cooked with spinach

## Chicken Pistachio Korma <sup>9f</sup> 9.95

Chicken Karahi gf/

9.95

9.95

Chicken cooked in mild sauce with almond pistachio and cream

Chicken with spices and green chillies served in a karahi

## Chicken Shahi <sup>gf</sup> 9.95

Chicken Jalfreizi gf/ 🔰 🥒

Barbecued chicken pieces cooked in mild spices with fenugreek nuts and fresh cream

Tender chicken pieces cooked with fresh ground spices onions hot chillies and tomatoes

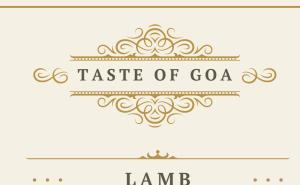
### Chicken Dansak gf/ 9.95

Chicken cooked in lentils in a medium hot sweet and sour sauce

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Kashmir Rogan Josh gf/

10.95

Saag Lamb of 10.95
Pieces of tender lamb cooked with spinach

Pieces of lamb cooked in medium hot spices with tomatoes green peppers herbs and nuts

Lamb Apricot & Lychees gf/ 10.95

Lamb flavoured with herbs and cooked with mild spices and cream

Lamb Korma <sup>gf</sup> 10.95

Tender lamb marinated and prepared in a creamy sauce with almonds and pistachio nuts

Karahi Lamb <sup>gf</sup>/

10.95

Lamb with spices and green chillies served in karahi

Keema Masala <sup>gf</sup>

10.95

Mince lamb cooked with peas, garlic, ginger, tomatoes and freshly ground spices

Lamb Kofta Curry gf/) 10.95

Dumplings of mince lamb with spices then cooked in a spicy creamy sauce with green peas

PRAWNS

Prawns Curry gf/ 10.95

A speciality of Mangalore prawns cooked with medium hot coconut based sauce

King Prawns Masala <sup>gf</sup> 12.95

King prawns cooked in a thick tandoori sauce with cream and almonds

Karahi King Prawns <sup>gf</sup>/

✓ 12.95

King prawns cooked with green chillies and medium spices served in a karahi

Saag Prawns vg/gf/

Prawns cooked in spinach

Prawns Dansak gf/

11.95

11.95

Prawns cooked with lentils in a medium hot sweet and sour sauce.

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# GOAN SPECIALITIES

## Vindaloo gf/)))

10.95

Traditional authentic Goan vindaloo made with special Goan spices and vinegar can be made with chicken or lamb.

## Pumpkin Curry v/vg/gf/

8.95

Pumpkin cooked in medium hot coconut based manglorian style

## Karahi Chilly Methi Paneer gf/🌙 9.95

Homemade cottage cheese tossed with methi green pepper chilly and karahi masala

## Baingan Masala v/vg/gf/ 8.95

Aubergines cooked with mild spices

### Saag Crab <sup>gf</sup> 12.95

Crab cooked with cashew nuts raisins coconut mild spices and spinach

## Taste Of Goan Curry gf/) 11.45

Pieces of chicken or lamb cooked in medium-hot coconut sauce

## Goan Hara Fish Curry gf / ▶ 11.95

Codfish cooked in a medium hot spicy sauce with fresh coriander and chillies

### Green Chicken Masala <sup>9f</sup> 10.45

Tender chicken pieces steamed in a green sauce made with green coriander and chillies

## Lamb Xacuti gf/) 11.45

A very famous goan dish prepared with coconut vinegar garam masala and spices medium hot

### Goan Mashli Ghashi <sup>gf</sup>/<sup>J</sup> 11.95

A medium spicy fish curry with kokum southern spices and coconut

## King Prawn Ambot Tik gf/) 12.95

King prawns cooked with a special goan spicy and sour sauce with kokum and tamarind

### Chicken Cafreal of 11.45

Sizzling tender juicy chicken marinated with green herbs and ground spices and grilled over charcoal

### Mango Chicken <sup>gf</sup> 10.95

Chicken pieces cooked with mango cream and nuts.

**gf** - Glutan free

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## Lamb Chops gf

13.95

Lamb Tikka <sup>gf</sup>

10.95

Lamb chops marinated in a mild sauce & barbecued in a clay oven

Lamb marinated in a yogurt based sauce and barbecued in a clay oven comes sizzling

## Tandoori Chicken <sup>gf</sup>

9.95

Tandoori King Prawns <sup>9f</sup> 16.95

Tender half chicken with bones cooked in charcoal oven

King prawns barbecued in tandoor

Chicken Tikka <sup>gf</sup> 9.95

Sheek Kebabs gf/

9.95

Tender boneless juicy chicken marinated in a yogurt based sauce and barbecued in a clay oven

Minced lamb in tandoori spices

## **VEGETARIAN** · · ·

## Vegetable Kofta Curry V/ gf

6.25

Mushroom Bhaji v/vg/gf

5.85

Dumplings of vegetables in a creamy curry sauce

Fresh sliced mushrooms cooked with tomatoes & spices

### Aloo Ghobi v/vg/gf/→ 5.85

Mutter Panner v/gf

5.95

Cauliflower and potatoes with medium spices

Home made Cottage cheese cooked with green peas in a mild creamy sauce

### Bombay Aloo v/vg/gf/→

5.85

5.85

Saag Paneer v/gf

Home made Cottage cheese cooked with spinach

Potatoes in a sweet and sour sauce

Chana Masala v/vg/gf/

Navaratnam Korma V/gf

6.25

5.95

Chickpeas cooked with fresh tomatoes

Mixed vegetables cooked with a mild creamy sauce

#### Tarka Dal v/vg/gf/ 5.85

Mixed Raita v/gf

3.25

Mixed lentils cooked with fresh tomatoes in a medium spicy sauce

Mildly spiced yoghurt with cucumber tomatoes & onion

Bhindi v/vg/gf 5.85 Fresh Salad v/vg/gf

3.25

Fresh okra sauteed onions with herbs & spices

Tomatoes cucumber lettuce green peppers & onions

Saag Aloo v/vg/gf 5.85

Spinach cooked with potatoes

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## BIRYANI

Vegetable Biryani	v/vg/g	9.95
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Mixed vegetables cooked with rice cashew nuts sultanas rose water and served with mixed vegetable curry

### Chicken Biryani <sup>gf</sup> 10.95

Boneless Chicken cooked with rice cashew nuts sultanas rose water and served with mixed vegetable curry

### Lamb Biryani <sup>gf</sup> 11.95

Lamb cooked with rice cashew nuts sultanas rose water and served with mixed vegetable curry

### Prawns Biryani <sup>gf</sup> 12.95

Prawns cooked with rice cashew nuts sultanas rose water and served with mixed vegetable curry

## Chef's Special Mixed Biryani <sup>gf</sup> 14.95

Chicken lamb prawns & eggs cooked with rice cashew nuts sultanas rose water and served with mixed vegetable curry

## RICE DISHES

Steamed Rice V/vg/gf	3.35
Plain white rice	
Pulao Rice v/vg/gf	3.65
Rice cooked with Saffron	
Egg Fried Rice ve / gf	3.75
Rice cooked with eggs & peas	
Lemon Rice v/vg/gf	3.85

Rice cooked with Lemon and Mustard seeds

Coconut Rice v/vg/gf 3.95

Mushroom Rice v/vg/gf 3.95

Rice cooked with Mushrooms

Rice cooked with Coconut

Vegetable Rice v/vg/gf 4.25

Rice cooked with Mixed vegetables

## BREADS

### Tandoori Roti V/vg 2.95

Whole flour bread

### Naan ve 3.25

Soft bread made with self-raising flour milk and eggs.

### Paratha v/vg 3.45

Soft and flaky bread made from whole wheat flour.

### Chapatti v/vg 2.45

Soft flatbread made from whole wheat flour.

#### Peshawari Naan ve 3.75

Soft bread stuffed with almonds sultanas coconut and cream.

#### Garlic Naan ve 3.45

Soft bread prepared with fresh garlic.

#### Masala Kulcha ve 3.75

Soft bread stuffed with fresh coriander and potatoes.

#### Keema Naan 3.65

Soft bread stuffed with mince lamb and coriander.

### Papadum v/vg/gf 0.95

Wafer thin crisp cracker made with lentil flower.

### Chutney (per person) v/vg/gf 0.80

Combo of mixed pickle mild mango chutney and salad.

Some dishes may contain nuts, cream, ginger and coriander. Please check with staff before your order. Although every care has been taken to remove bones, some may remain NO SERVICE CHARGE ADDED